

ADULTS

ARTS & CRAFTS

QUILTS 2010

at Farmpark February 12 through March 24

Regular park hours and admission apply.

One of Ohio's finest quilt shows, this judged show displays over 200 quilted pieces and offers workshops, lectures, scout and school programs. Featured artists are Harriet Hargrave of Wheat Ridge, CO and Marti Michell of Atlanta, GA. For a list of Quilt workshops call 440-256-2122 or 800-366-3276 or visit lakemetroparks.com. Workshop registration began November 23. Call Registration at 440-358-7275 or 800-669-9226.



Quilt Vendors Weekend and Pancakes

March 6 & 7

Regular Farmpark admission applies. Sunday is free for Lake County residents. Proof of residency is required.

Enjoy demonstrations and shopping for all your quilting needs! Treat yourself to delicious pancakes in the café, served all day (\$7 ages 12 and older; \$4 ages 2 to 11). Then take a wagon ride to the sugarhouse to see maple syrup and sugar being made. No registration necessary. For more information, please call 440-256-2122 or 800-366-3276.

It's In the Bag

Ages 16 and older, Fee: \$15

Learn to make a tote using three coordinating fabrics 5/8 yd each, and 1 yd of fusible Pellon (987F). A \$9 pattern fee is due in class. Bring sewing machine, basic sewing supplies, cutting mat and rotary cutter.

Instructors: Mara Walker, min 4, max 12

Wednesday, March 10, 2010, 6 to 9 p.m., LL

Quilt As You Go

Ages 16 and older, Fee: \$15

Learn a technique to quilt and piece together a table runner as it is made. Add binding and you have a finished product. An \$8 pattern fee is due in class.

Bring fabric, sewing machine and basic supplies.

Instructors: Mara Walker, min 4, max 12

Wednesday, April 14, 2010, 6 to 9 p.m., LL

Paper Piecing

Ages 16 and older, Fee: \$15

Learn how to paper piece. Select spring colors including greens for leaves and binding and light blue for background. A \$5 pattern fee makes 10 placemats and 2 runners. Bring sewing machine and supplies.

Instructor: Mara Walker, min 4, max 12

Wednesday, May 12, 2010, 6 to 9 p.m., LL

ASTRONOMY

A Night Under the Stars Wine & Cheese Hike

Ages 21 and older, Fee: \$15

Enjoy an evening stroll as we look to the night sky for inspiration and relaxation. Return to the cabin for a delicious array of wine and cheese.

Instructor: Becky Parkin, min 6, max 20

Friday, April 23, 2010, 8:30 to 10:30 p.m., HR-WEST

BICYCLING

Le Tour De Parks

Compete in as many stages (Lake Metroparks programs) as you can to earn a free t-shirt! Choose from sprints (20 mile rides), endurance (25+ mile rides), or participate in hands-on bike maintenance clinics. Complete 100 miles of venturing to earn your shirt. Contact Leigh Garam at 440-585-2800 or lgaram@lakemetroparks.com for more details.

ANSI/Snell approved bicycle helmets required on all rides. If you need a helmet, please reserve one when you register.

If you have any questions on bike rides or would like to volunteer your time as a ride assistant or leader, contact Leigh Garam at 440-585-2800 or lgaram@lakemetroparks.com.

Thursday Evening Social Bike Rides

Ages 12 and older, Fee: \$5 per session, multi-session rate, \$3

Enjoy evening bike riding with your fellow bike riders. We will start out with 10-mile rides and work up to 20-mile rides by the end of May. Helmets are required. Mainly road surface riding.

Instructor: Leigh Garam, min 6, max 30

Thursday, March 25, 2010, 6 to 7:30 p.m., CP-EAST

Thursday, April 8, 2010, 6 to 7:30 p.m., VP

Thursday, April 22, 2010, 6 to 7:30 p.m., PG

Thursday, May 6, 2010, 6 to 7:30 p.m., CF-WEST

Thursday, May 20, 2010, 6 to 7:30 p.m., GR

Pre-season Bike Clinic

Ages 12 and older, Fee: \$10 first person, \$5 each additional family member

Kick off the 2010 bike season with a hands-on maintenance clinic with bike staff and volunteers.

Instructor: Dick Kandalec, min 10, max 25

Saturday, April 17, 2010, 9 a.m. to 1 p.m., PT

Season Opener Mexican Ride

Ages 16 and older, Fee: \$15

This popular ride is 25 miles on paved roads. At the end of the ride we'll enjoy Mexican food at a restaurant in Madison. In case of inclement weather, meet at noon for lunch.

Instructor: Leigh Garam, min 10, max 60

Sunday, May 2, 2010, 10 a.m. to 1 p.m., Los Compadres in Madison

Ride Your Bike to Work Day!

Friday, May 14, 2010

Do your part and help the environment by banding together in your community and ride your bike to work or school! It's not only good for the environment—it's good for you, too!



Memorial Sunset Bike Ride

Ages 16 and older, Fee: \$10

Kick off Memorial Day weekend with a sunset bike ride through central Lake County. Wear red, white and blue! Start and finish at Veterans Park to view the sunset and enjoy all-American food. New route.

Instructor: Leigh Garam, min 10, max 60

Friday, May 28, 2010, 6 to 8:30 p.m., VP

BIRDWATCHING

There is a reason birding is one of the fastest growing pastimes in the United States. Birding is fun and a great way to spend time outdoors. Spring bird migration along Lake Erie is not to be missed! Beginners as well as advanced birders are welcome.

Weekday Spring Bird Walks

Ages 16 and older, FREE

These weekday morning birding adventures are at Lake Metroparks' best birding locations, located along major migration corridors and with histories of good migration days.

Instructor: Naturalist Staff, min 5, max 20

Wednesday, March 3, 2010, 9 to 11 a.m., VP

Wednesday, April 14, 2010, 8 to 10 a.m., LS

Wednesday, April 28, 2010, 7:30 to 10 a.m., CP-EAST

Wednesday, May 5, 2010, 7:30 to 10 a.m., LS

Wednesday, May 12, 2010, 7:30 to 10 a.m., PG

Wednesday, May 19, 2010, 7:30 to 10 a.m., CP-EAST

Wednesday, May 26, 2010, 7:30 to 10 a.m., BE

Bird Walk at the Glen

Ages 12 and older (younger than 18 with adult), FREE

Penitentiary Glen has a long tradition of spring bird walks. Join us as we expand the morning walks to include other seasons. Bring binoculars and field guide if you have them.

Instructor: Pat Morse, min 5, max 25

Saturday, March 13, 2010, 8 to 9:30 a.m., PG

Eagle Wings & Waterfowl

Ages 18 and older, Fee: \$40

Explore the Lake Erie marshes (Ottawa Nat'l Wildlife Refuge) in search of eagles, early shorebirds and migrating waterfowl. Bring lunch, binoculars and money for supper.

Instructor: Naturalist Staff, min 5, max 8

Saturday, March 13, 2010, 8 a.m. to 8 p.m., PG

Shreve Migration Sensation

Ages 18 and older, Fee: \$40

Come birding in rural Ohio marshlands during spring migration. We'll take advantage of the Shreve Migration Sensation event venues to learn more about this unique area's birding opportunities!

Instructor: Naturalist Staff, min 5, max 8

Saturday, March 27, 2010, 7:30 a.m. to 6 p.m., PG

Sneak Peak-Spring Migration

Ages 18 and older, Fee: \$40

Birding can happen anywhere and this trip will explore three unique urban birding locations in Columbus, Ohio – Hoover Reservoir, the new Grange Audubon Center and Greenlawn Cemetery.

Instructor: Naturalist Staff, min 5, max 8

Saturday, April 17, 2010, 7:30 a.m. to 6 p.m., PG

Birding in Downtown Cleveland!

Ages 18 and older, Fee: \$40

Birding in downtown Cleveland? YES! And it's great! There are lots of little hotspots to be discovered and you'll be delighted with the diversity of birds. Bring money for lunch at a downtown eatery.

Instructor: Naturalist Staff, min 5, max 8

Saturday, April 24, 2010, 7:30 a.m. to 5 p.m., PG

Early Migration Day Trip

Ages 18 and older, Fee: \$40

Visit some of Ohio's birding hotspots in the western Lake Erie basin for the first big "wave" of migrating songbirds! Bring binoculars and sack lunch. We'll supply the fun and the snacks!

Instructor: Naturalist Staff, min 5, max 8

Saturday, May 1, 2010, 7 a.m. to 6 p.m., PG

Warbler Wednesday!

Ages 18 and older, Fee: \$40

This is the first of two weekday trips to see more birds than people on the Magee boardwalk. As one of the best birding spots in the midwest flyway, every visit there promises a memorable bird.

Instructor: Naturalist Staff, min 5, max 8

Wednesday, May 12, 2010, 7 a.m. to 6 p.m., PG

Wednesday, May 26, 2010, 7 a.m. to 6 p.m., PG

Warbler Madness

Ages 18 and older, Fee: \$40

Don't miss this day at Magee Marsh during what should be the peak of warbler and songbird migration! Bring binoculars and sack lunch. We'll supply lots of identification help and snacks!

Instructor: Naturalist Staff, min 5, max 8

Saturday, May 15, 2010, 7 a.m. to 6 p.m., PG

100 Bird Quest—Lake County!

Ages 18 and older, Fee: \$25

Join Naturalist staff as we embark on a quest to see 100 birds in one day without leaving Lake County! You'll visit some new places—and help us achieve this dream!

Instructor: Naturalist Staff, min 5, max 8

Saturday, May 22, 2010, 6 a.m. to 6 p.m., PG

See pg. 27 for more birding programs.

BOATING

Watch for our upcoming boating certification classes!

- U.S. Sailing
- ACA Kayaking
- Personal Watercraft
- Power Boating

Discounts available with early registration. For more information, please contact Leigh Garam at 440-585-2800 or lgaram@lakemetroparks.com.

Sea Kayak Skills Session

Ages 13 and older, Fee: \$10 with kayak rental, \$5 without rental

This is an indoor sea kayaking skills session that will cover safety skills, strokes and rescues. Paddlers who would like to learn more are welcome. Session will be taught by ACA certified instructors.

Instructors: Marie Kozan & Seth Begeman, min 5, max 15

Sunday, April 11, 2010, 9:30 to 11:30 a.m., East End YMCA

PADDLE the PARKS

Paddle through various parks along the Grand River and shore of Lake Erie, section by section. The paddle starts from Mason's Landing in April and ends at Fairport Harbor Lakefront Park in September. Contact Seth Begeman at 440-256-3821 or sbegeman@lakemetroparks.com for details.

Paddle the Parks 301 Series: Section 1 (ML to GL)

Ages 12 and older, Fee: \$20 with kayak rental, \$10 without rental

The first paddle starts at Mason's Landing and guides paddlers to Grand River Landing.

Instructor: Seth Begeman, min 6, max 16

Saturday, April 17, 2010, 9 a.m. to noon, GL

Paddle the Parks 301 Series: Section 2 (HD to HV)

Ages 12 and older, Fee: \$20 with kayak rental, \$10 without rental

This paddle takes participants from Harpersfield Dam to Hidden Valley Park.

Instructor: Seth Begeman, min 6, max 16

Saturday, May 22, 2010, 9 a.m. to noon, HV

ACA Kayak Instructor Certification Course

Ages 18 and older, Fee: \$225

This course will be taught by an American Canoe Association Instructor. Class is designed to teach kayak instructors on-the-water group management and instruction techniques for kayaks and canoes. Class meets May 1, 8 & 9.

Instructor: Seth Begeman, min 4, max 10

Saturday, May 1, 2010, 9 a.m. to 5 p.m., FH

CONSERVATION CORNER

Rain Garden Workshop

All ages, FREE

Learn how to include rain gardens in your landscape plans.

They are a great way to deal with problem stormwater, low lying areas and provide important habitat to butterflies and hummingbirds.

Instructor: Lake Soil and Water Staff, min 6, max 20

Wednesday, March 10, 2010, 7 to 9 p.m., PG



Build a Rain Barrel

All ages, Fee: \$49 per kit

Save that rain for a sunny day! Join us for a rain barrel

building workshop. Rain barrels are containers used to collect and store rainwater. We provide everything you need to save water today.

Instructor: Lake Soil and Water Staff, min 4, max 20

Wednesday, April 28, 2010, 7 to 8:30 p.m., Lake County Fairgrounds

Wednesday, May 5, 2010, 7 to 8:30 p.m., Lake County Fairgrounds

Wednesday, May 19, 2010, 7 to 8:30 p.m., Lake County Fairgrounds



DANCING

Painesville Township Park Dance Schedule

Ages 18 and older, Fee: \$6 per person at the door

Enjoy traditional ballroom dancing the second and fourth Saturday evenings, country dancing the second and fourth Fridays of each month, and special themed dances at the Painesville Township Park Community Center.

Call 440-354-3885 for current schedule and upcoming bands.



LOOK FOR LEAKS. Check where you routinely park your car for any spilled fluids. Clean these up with absorbent materials and make repairs. Remember to dispose of the absorbed fluid properly.

Ballroom Dancing

Second and fourth Saturday evenings (call for a schedule)
Doors open 7 p.m.; band plays 7:30 to 10:30 p.m.

Country Dancing

Second and fourth Fridays of each month (call for a schedule)
Doors open 7:30 p.m.; music and dancing 8:30 to 11:30 p.m.

Painesville Twp Park Community Center Rental

Rent the beautiful Painesville Township Park Community Center for private functions. Let us host your wedding reception, fundraising event, family or class reunion, homecoming or corporate retreats! Call 440-256-2138 or visit lakemetroparks.com.

Armed Forces Day Ballroom Dance

Ages 18 and older, Fee: \$8

Gather your friends and enjoy an evening of traditional ballroom music and dancing featuring Wayne Tomsic. Ice cream, hors d'oeuvres, pastries, coffee and tea will be served at intermission.

Instructor: Painesville Twp. Park Staff, min 25, max 200

Monday, March 15, 2010, 7:30 to 10:30 p.m., PT

Belly Dancing for Fun & Fitness

Ages 16 and older, Fee: \$30 per person for six sessions

Learn the basics of belly dancing techniques using your arms, chest, hips and stomach. No experience necessary. Wear comfortable clothing. Class meets April 12, 19, 26, May 3, 10 and 17.

Instructor: Nancy Shoeman & Recreation Staff, min 6, max 25

Monday, April 12, 2010, 6:30 to 7:30 p.m., PT

60s & 70s Rock-n-Roll Dance

Ages 18 and older, Fee: \$8

Enjoy an evening of rock-n-roll music and dancing featuring "TBA." Doors open at 7:30 p.m.; music and dancing 8:30 to 11:30 p.m.

Instructor: Painesville Twp. Park Staff, min 25, max 200

Friday, April 16, 2010, 8:30 to 11:30 p.m., PT

DAY TRIPS

March Madness Maple Tour

Ages 18 and older, Fee: \$20

Tour selected Ohio Maple Sugaring "Amish, commercial and family farm" operations. Learn methods of how maple syrup is gathered and then processed at the sugar house into pure syrup! Bring money for lunch.
Instructor: Andrea Pasquale, min 5, max 24

Saturday, March 13, 2010, 10 a.m. to 4 p.m., PG

Saturday, March 20, 2010, 10 a.m. to 4 p.m., CW

Bird Photography on the Boardwalk

Fee: \$40

May is the peak of songbird migration and the place to see and photograph them is Magee Marsh Wildlife Area near Sandusky. Bring photo equipment and lunch for a fabulous day of wildlife photography.

Instructor: Pat Morse and Wendy Pittenger, min 8, max 15

Friday, May 7, 2010, 7 a.m. to 6 p.m., depart from PG

FARM & GARDEN

From Harness to Hitch

Ages 18 and older, Fee: \$15

Put on your boots and come see what it's like to get a team of horses ready to drive. Everyone will learn to harness, line drive and drive our show wagon.

Instructor: Rick LeMaster, min 5, max 12

Saturday, March 6, 2010, 11 a.m. to 1 p.m., FP

Sunday, May 16, 2010, 11 a.m. to 1 p.m., FP

My Kitchen Garden

Ages 16 and older, Fee: \$10

Get the knowhow on growing your own fresh vegetables and herbs. Learn what it takes to put together a backyard kitchen garden from the ground up and tricks for growing in small spaces.

Instructor: Valerie Reinhardt, min 6, max 18

Saturday, March 20, 2010, 10 a.m. to noon, FP

Dutch Oven Cowboy Cooking

Ages 18 and older, Fee: \$18

Go back in time to the 1800s to learn the secrets of cooking over an open fire. Spend time around an authentic working chuck wagon to rediscover how to cook good food without modern conveniences.

Instructor: Bill Emrick, min 4, max 10

Saturday, April 24, 2010, 10 a.m. to 1 p.m., FP

Herbs Etc.

Ages 16 and older, Fee: \$20

Tour our herb gardens and learn about growing various herbs and their uses. Plant a mini herb garden to take home. Finish with wholesome herbal refreshments.

Instructor: Valerie Reinhardt, min 6, max 12

Saturday, May 8, 2010, 10 a.m. to noon, FP

Bodacious Container Gardening

Ages 18 and older, Fee: \$20

Create a stunning, florist quality container, using a colorful array of flowers and foliage. Choosing from an assortment of plants, participants receive a 12" terra cotta container to plant and take home.

Instructor: Darlene Hinchcliffe, min 8, max 12

Saturday, May 15, 2010, 10 to 11:30 a.m., FP

HIKES

Starbucks Saturday Morning Caffeine Hikers

Ages 18 and older, Fee: \$10

Get fun, exercise and nature every Saturday with a steady-paced hike at a few of the larger Lake Metroparks, warmed up by Starbucks coffee. Schedule to be mailed.

Instructor: Naturalist Staff, min 8, max 50

Saturday, March 6, 2010, 8 to 10 a.m., PG



Spring Wildflower Photo Hike

Ages 18 and older, Fee: \$5

Bring your camera and join us as we explore the spring wildflowers of Hogback Ridge Park. Along the way we'll learn tips and techniques for good photography followed by refreshments after the hike.

Instructor: Wendy Pittenger, min 8, max 20

Saturday, May 1, 2010, 2 to 4 p.m., HR

Wildflower Wine & Cheese Hike

Ages 21 and older, Fee: \$15

Discover the beauty of spring wildflowers at Penitentiary Glen Reservation. Begin with a three mile hike and return to the Nature Center for wine and cheese. Please dress for the weather.

Instructor: Pat Morse, min 6, max 20

Saturday, May 8, 2010, 3:30 to 7 p.m., PG

JUST FOR FUN

Creative Campfire Cooking

Ages 18 and older, Fee: \$8

Experience campfire cooking like never before. Learn some tips and tricks and partake in your endeavors. Fee includes recipes, food and instruction. New recipes at each class.

Instructor: Brian Davidson, min 8, max 12

Thursday, March 11, 2010, 6:30 to 7:30 p.m., CF-WEST

Introduction to Railroading

FREE

Join a Lake Shore Live Steamer to learn everything you've always wanted to know about trains. This program is designed with very technical information and includes a tour of the train station.

Instructor: LSLS member Roger Harnish, min 6, max 15

Saturday, April 17, 2010, 3 to 5 p.m., PG

Tons of Horse Play

Ages 18 and older, Fee: \$20

See what it's like to sit on top of a draft horse and what it's like to sit behind them. Tons of fun! Includes all day Farmpark admission.

Instructor: Rick LeMaster, min 4, max 12

Saturday, April 17, 2010, 11 a.m. to 1 p.m., FP

NATURE

Weeknight Walks at the Glen

FREE

This year-round walking group meets at Penitentiary Glen Reservation, great for after work or before settling in for the night. The focus is nature, the pace is leisurely and the benefits are many!

Instructor: Pat Morse, min 8, max 50

Thursday, March 4 through May 27, 2010, 6 to 7 p.m., PG

St. Patrick's Gorge Hike

Ages 21 and older, Fee: \$15

Explore the beautiful Penitentiary Glen gorge and return to the Nature Center for pretzels, nuts and samples of local beer. Please wear footwear that can get wet and dress for a challenging hike.

Instructor: Pat Morse, min 8, max 20

Saturday, March 13, 2010, 3:30 to 7 p.m., PG

Backyard Water Gardens

Ages 14 and older (younger than 18 with adult), FREE

Join the licensed professionals of Aqua Doc as they explain backyard water gardens, including planning, stocking and maintenance. Visit the Nature Center's Window on Wildlife water garden.

Instructor: Pat Morse, min 10, max 50

Sunday, March 28, 2010, 2 to 3:30 p.m., PG

Sharing the Chagrin

Fee: \$15

Celebrate the 40th anniversary of Earth Day with three local park districts as we travel by bus along the Chagrin with stops to highlight the natural and cultural features of the river. Pack a lunch.

Instructor: Andy Avram, min 10, max 40

Saturday, April 17, 2010, 9 a.m. to 3 p.m., Bass Lake Preserve

Wildflowers and Wines

Ages 21 and older, Fee: \$15

Take a walk at Hogback Ridge Park to see the wildflowers in bloom and maybe even learn to identify a few of them. Then drive to a nearby vineyard to sample some local wines (included in price.)

Instructor: Karen Lakus, min 8, max 16

Saturday, May 15, 2010, 2 to 4 p.m., HR

Spring Leaf Tree ID

Fee: \$8

Join us both indoors and out to discover trees in spring. Learn to identify native trees by leaves, bark and habitat. Each participant will receive a tree ID guide and take a hike to practice.

Instructor: Dan Burnett, min 6, max 20

Sunday, May 23, 2010, 10 a.m. to noon, PG

SKIING

Cross-country Ski & Stew Potluck

Ages 16 and older, Fee: \$15 with ski rental, \$5 without rental

We will enjoy a great evening of skiing the trails of Chapin Forest and return to enjoy a stew potluck brought to you by the cooking talents of the participating skiers! Bring your favorite dish!

Instructor: Gloria Costello, min 6, max 20

Friday, March 5, 2010, 6 to 8 p.m., CF-WEST

Classic Cross-country Ski Lessons 101

Ages 11 and older, Fee: \$15 with ski rental, \$10 without rental

Learn to fall down and get up, glide, stride, stop, turn and use your poles. Please state gender, shoe size and height when registering. Participants should arrive 15 minutes prior to class time.

Instructor: Leigh Garam, min 6, max 15

Sunday, March 7, 2010, 9 to 10:30 a.m., CF-WEST

Skate Ski Lessons 101

Ages 12 and older, Fee: \$15 with ski rental, \$10 without rental

Learn the basics of skate skiing with plenty of on-the-snow practice. Learn about equipment, body positions, poling, and V1 and V2 techniques. A limited amount of equipment is available.

Instructor: Leigh Garam, min 2, max 8

Sunday, March 7, 2010, 9 to 10:30 a.m., CF-WEST

SPORTS AND ADVENTURE

Trail Run/Ski the Parks

Ages 13 and older, Fee: Per session without ski rental \$5, Per session with rental \$10, Multiple sessions without ski rental \$2.50, Multiple sessions with ski rental \$7.50

Start off running, skiing or snowshoeing. Each week weather will dictate what we do. Skiing, snowshoeing or running for social fun and fitness. What have you got to lose? Snacks included.

Instructor: Brian Davidson, min 8, max 25

Wednesday, March 3, 2010, 7 to 8:30 p.m., CF-WEST

Intro. to Backpacking 101: Packing the Pack

Ages 13 and older, Fee: \$5

This classroom-based program is designed to show the backpack enthusiast tips and techniques that can assist them in lightening their loads. Bring your packs loaded; we will help you go through them!

Instructor: Brian Davidson, min 8, max 12

Thursday, March 4, 2010, 6:30 to 8 p.m., HL

Trail Run the Parks

Ages 13 and older, Fee: Per session \$5, multi-session rate \$2.50

Start off running. Each night is a 5k distance that you train up to running. Designed for entry level runners as a social time to increase your fitness level from walking to a run. Snacks included.

Instructor: Brian Davidson, min 8, max 25

Thursday, March 18, 2010, 6:30 to 8 p.m., CP-EAST

Thursday, April 1, 2010, 6:30 to 8 p.m., VP

Thursday, April 15, 2010, 6:30 to 8 p.m., PG

Thursday, April 29, 2010, 6:30 to 8 p.m., CF-TWIN

Thursday, May 13, 2010, 6:30 to 8 p.m., GR-SOUTH

Thursday, May 27, 2010, 6:30 to 8 p.m., CP-EAST

Northcoast Disc Golf Tournament

Fee: \$5

This will be an 18-hole disc golf tournament. If you do not own a disc, we have them available. A nine-hole course will be set up a week prior for people to play through and practice.

Instructor: Seth Begeman, min 10, max 30

Sunday, May 2, 2010, 9 a.m. to noon, CF-WEST

WOMEN'S PROGRAMS

WomanVenture: Walking Workshop

Ages 18 and older, Fee: \$10

Let's get hiking! This program is dedicated to making you feel confident enough to get out hiking. Our topics include clothing and gear, trail snacks and safety. A continental breakfast is provided.

Instructor: Marilyn Levand, min 10, max 25

Saturday, March 20, 2010, 8 a.m. to noon, PG



WomanVenture: Tea & Scone Hike

Ages 18 and older, Fee: \$15

Does the idea of afternoon tea after a leisurely walk through the woods appeal to you? Come and join us as we hike through Penitentiary Glen to arrive at a tearoom in Kirtland. Food included in cost.

Instructor: Becky Parkin, min 8, max 15

Saturday, May 1, 2010, 1:30 to 4:30 p.m., PG



Women's Morning Out Hike

Ages 18 and older, Fee: \$7

This program is for anyone interested in hiking the Kirtland Connector Trail from Penitentiary Glen to Kirtland. This hike is approximately five miles. Refreshments included.

Instructor: Marie Kozan, min 5, max 10

Wednesday, May 12, 2010, 9 a.m. to noon, PG

WomanVenture: Nature by Horseback Day Trip

Ages 18 and older, Fee: \$85

Experience nature by horseback. We'll visit a mid-Ohio stable where we'll take a two hour trail ride; then stretch our legs and explore the surrounding area on foot before returning home.

Instructor: Marilyn Levand & Mary Madeja, min 8, max 10

Sunday, May 23, 2010, 8 a.m. to 6 p.m., PG



REQUESTED PROGRAMS

For more information or to schedule a program, dial the telephone number following the description:

Adopt-an-Animal

Adopt an animal of your choice from the Wildlife Center, which helps defray some of the daily expenses of animal care, including food, housing and medicine. You'll receive a visit from your adopted animal in return! 440-358-7275

Amphibians and Reptiles of Lake Metroparks

A slide show highlights the frogs, toads, turtles and snakes that make Lake County their home. 440-256-2125

Backyard Birds

Learn all about your feathered backyard visitors! Program includes identification tips for the top 10 backyard birds, bird feeders and types of feed. 440-256-2125

Butterflies and You

Naturalist presented PowerPoint program about butterflies. Learn how they survive against the odds and what you can do to help. 440-256-2125

Butterfly/Hummingbird Gardening

A slide show highlights flowers that attract butterflies and hummingbirds to your garden. 440-256-2125

Down Memory Lane

A slide show highlights the days when the Halle family called Penitentiary Glen their summer home and working farm. A short hike can be included if presented at Penitentiary Glen Nature Center. 440-256-2125

Nature Center and Garden Tour

Enjoy a relaxing afternoon discovering art shows, nature exhibits, butterfly gardens, and songbirds. Take home a souvenir from The Nature Store. Our friendly staff awaits your arrival. 440-256-2125

Scenic Vista Bus Tours

Discover the beauty and unique stories of Lake Metroparks! Using your bus or our Lake Metroparks' 25-passenger bus, treat your group to a seasonal tour of the parks. 440-256-2125

Walk About Wildlife

Discover whooo's who in the Kevin P. Clinton Wildlife Center yard and find out what happens in wildlife rehabilitation. 440-358-7275

Planetarium Party in the Park

Bring your adult group to Penitentiary Glen Nature Center and explore the night sky in our indoor inflatable planetarium, StarLab, followed by light refreshments. (max 12 adults). 440-256-2125

Native Experience

An atlatl is an ancient hunting device once used by many cultures, including Native Americans. Learn about the history of atlatls, proper technique when throwing darts with an atlatl, and practice your new skill. All participants must be age 10 or older. 440-256-2125

Canoe with a Naturalist

A canoe or kayak adventure is always a memorable experience, but you can also make it an educational trip by renting a naturalist guide to attend your next outing. 440-256-2125

History of Lake Metroparks

Hear stories and view photographs from the first 50 years of Lake Metroparks. Learn about the properties and people who have made us who we are today during this PowerPoint presentation. 440-256-2125