

Lake Metroparks

Ohio Championship
Nordic Flurry
Cross-country Ski Race



Saturday, January 24, 2009
at Chapin Forest Pine Lodge Ski Center

5K Classic - 9 am

***10K - 10 am**

2K Children's Race - Immediately following 10K

***(Racer chooses style – Classic or Skate)**

Fee: \$12 pre-registered (accepted until noon Jan. 22), \$15 same day registration (begins 8 am)

(Note: An additional \$5 registration fee applies to compete in both the 5K and 10K races)

2K Children's Race (ages 12 and younger) – Fee: \$5 pre-registered, \$7 same day registration

Age categories will be determined on the day of the race based on number of registrants. Race courses will be modified appropriately to snow depth. Medals will be awarded to the winners (1st, 2nd, 3rd) in each category. All participants will receive post race refreshments. T-shirts will be made available two weeks after completion of the event and are available at the ski center (if ski center is closed due to weather, call 440-256-2110).

If event must be postponed due to lack of snow, race will be held on Sunday, February 22, weather permitting.

For more information, contact Brian Davidson at 440-256-2110 or bdavidson@lakemetroparks.com. Min 18, max 100

For race day ski conditions, call 440-954-4178.

To register, call the Registration Department at 440-358-7275 or 1-800-669-9226, or register online at lakemetroparks.com. If sufficient registration numbers are not received by two days prior, Lake Metroparks reserves the right to cancel the race.

ALL FEES FULLY REFUNDED IF RACE IS CANCELLED.



Registration Department
11189 Spear Road
Concord Twp., OH 44077
440-358-7275 or 1-800-669-9226
lakemetroparks.com

Lake County Probate Judge Ted Klammer
Board of Park Commissioners
Ellen Foley Kessler • Mark P. Oesterle • Frank J. Polivka
Executive Director David A. Noble
Deputy Director Stephen W. Madewell

Lake Metroparks does not discriminate on the basis of race, color, religion, gender, age, nationality or disability in employment, services, programs, or activities. Should special assistance be required in visiting facilities and/or participating in programs or activities of Lake Metroparks, please call 1-800-669-9226 at least 48 hours in advance.

Lake Metroparks Registration Department
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Concord Twp., OH 44077
440-358-7275 or 1-800-669-9226

LAKE/METROPARKS



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To register, complete form and return with payment to: Lake Metroparks Registration Department, 11189 Spear Road, Concord Twp., OH 44077
call 440-358-7275 or 1-800-669-9226, or register online at lakemetroparks.com.

Name: _____ Gender: M____ F____ DOB: _____ Age _____

Mailing address: _____
Street or PO Box City State Zip

Daytime Phone: _____ E-mail Address: _____

T-shirt Size (*circle one*): **S M L XL XXL**

Please Check Event(s) Entering:

- 5K Classic
 10K
 2K Children's Race - \$5 or \$7 same day registration

Fee:
\$12 pre-registered per race
\$15 same day registration
Additional \$5 to compete in both races.

Method of Payment: _____ Cash _____ VISA _____ Mastercard	_____ Check (payable to LAKE METROPARKS) Driver's License No.: _____ State: _____
Number _____ Exp. Date _____	
3-Digit Security Code _____	

Waiver

The organization/individual agrees to indemnify and save harmless Lake Metroparks, its officials, its agents and employees against and from any and all claims by or on behalf of any person or persons, firm or firms, corporation or corporations, arising from the conduct of or management about the demised premises, or from any accident in or on the demised premises, and will further indemnify and save Lake Metroparks harmless against and from any and all claims arising from any breach or default on the part of the organization in the performance of any covenant or agreement on the part of the organization to be performed pursuant to the terms of this agreement, or arising from any act or negligence of the organization, or any of its agents, contractors, servants, employees or licensees, and from and against all costs, counsel fees, expenses and liabilities incurred in or about any such claim or action proceeding brought thereon; and in case any action or proceeding be brought against Lake Metroparks by reason of any such claim, the organization upon notice from Lake Metroparks covenants to resist or defend at organization/individual's expense such action or proceeding by counsel reasonably satisfactory to Lake Metroparks.

Signature _____ Signature of parent _____
(if participant is younger than 18)