

Sunday, July 20, 2025 Fairport Harbor Lakefront Park • Race begins 8 am Presented by



Swim 500 Meters / Kayak 2 Kilometers • Bike 20 Kilometers • Run 5 Kilometers

Registered by June 29:

\$30 per person / \$50 per team (2 to 3 people compete as relay)

Registered June 30 to July 14 (midnight):

\$40 per person / \$60 per team (2 to 3 people compete as relay) No registration accepted after July 14 at midnight.

Pre-race on-site packet pickup: Saturday, July 19, 9 am to noon in finish tent NO SAME-DAY or ON-SITE REGISTRATION

Same-day packet/bib pickup available beginning at 7 am in west-end beach shelter. For more information, contact Brian Davidson at 440-256-2118 x4110 or bdavidson@lakemetroparks.com.

Pre-register online at lakemetroparks.com by clicking on the race link. (A processing fee will apply.)





RACE CATEGORIES

Triathlon Age Division:

Male/Female

15 & younger* 45 - 4916 - 19 50 - 54 20 - 24

55 - 59 25 - 29 60 - 64 65 - 69 30 - 34 35 - 39 70 & older

40 - 44

Kayak Triathlon Age Division:

Male/Female

19 & younger*

20 - 29 50 - 59 30 - 39 60 - 69 40 - 49 70 & older

Triathlon Teams

Kayak Triathlon Teams

Bike and run route maps available at lakemetroparks.com.

Course is not closed.

Triathlon Course

Swim 500 meters in Lake Erie. Start in water. Depth of water approximately 6 feet. Wet suits are permitted. No flotation devices. Lifeguards are on duty. For safety reasons, tired swimmers may stop, touch bottom (if able) and resume swimming when ready.

-OR-

Kayak in Lake Erie. Start on the beach west of the swim course. Paddle north 100 meters, then east parallel to the swim course. Turn around and return to the beach at the same location they departed from. Course is approximately two kilometers.

Bike 20 kilometers (12.4 miles) out and back on route of payed roads. Start from Fairport Beach. travel east through Painesville Township and return on same roads. Bicycle helmets required! Route marked with directional arrows on roads. Local law enforcement will attempt to hold traffic at all intersections, however, racers should adhere to traffic laws and race cautiously. There are six railroad crossings; cross with caution.

Run 5 kilometers (3.1 miles) on paved roads marked with directional arrows. Run with traffic. Always look both ways when crossing intersections and making turns. Entire course is within Fairport Village limits. Traffic will be controlled at critical intersections.

AWARDS will be presented at the completion of the triathlon.

RACE OFFICIALS reserve the right to change or alter the racecourse for safety purposes and to alter age categories if insufficient registration is received. Should extreme weather occur, officials reserve the right to cancel the event(s) or delay the start. Cancellations or alterations will be made at 8 am at the picnic shelter at Fairport Beach. If sufficient registration is not received by three days prior to event day, Lake Metroparks reserves the right to cancel the race.



Other Information

NO SAME-DAY REGISTRATION. Pre-register online at lakemetroparks.com by clicking the link on the race event page. Registration closes at midnight on July 14, 2025.

On-site packet pickup preferred at the finish tent below the lighthouse on Saturday, July 19, 9 am to noon. Race day packet/bib pickup available beginning at 7 am in west-end beach shelter.

*Minimum age 14 to compete due to safety concerns on open roads.

Race day racer briefing 7:45 am on the beach.

Kayak Start:

Kayak triathlon males start at 8 am. Kayak triathlon females and teams begin at 8:05 am. Kayakers must bring their own equipment. PFDs must be worn at ALL times on the water. All kayaks compete together regardless of boat type.

Swim Start: Triathlete wave start times:

Males ages 34 & younger 8:10 am Females ages 34 & younger 8:30 am Males ages 35 - 44 8:15 am and all triathlon teams Males ages 45 - 54 8:20 am Females ages 35 - 49 8:35 am Males ages 55+ 8:25 am Females ages 50+ 8:40 am

Wave starts may be modified based upon registration.

Bib Number must be worn on the front of each participant while cycling and running.

Transition Area is located in the field below the amphitheater. A limited number of bike racks are provided. Only racers will be permitted in the transition area during the race. All bikes must be walked or run into and out of the transition area.

Timing: Splits are not guaranteed. Results will be posted on lakemetroparks.com.

All Teams: Can consist of two or three people. All tags are performed inside transition area by the bike racks.

- ANSI/Snell bicycle helmet must be worn while riding bicycle.
- · Roads are active during race; they are not closed.
- No headphones permitted during any stage of the race.
- Staffed water stops provided in transition area and on running course.
- This is a people race. Please leave your pets at home.
- No glass containers permitted on the beach or parking lot.
- Ebikes prohibited. Due to the advantage they give the rider, no ebikes will be allowed to compete.

SPORTS HOTLINE: For up-to-date weather and race conditions, call 440-256-2118 x4178.

